

Education

Columbia University School of Social Work, New York, NY
Master of Science, Social Work, 2012

McGill University, Montreal, Quebec Canada
Bachelor of Arts, 2005

Languages

Spanish & Portuguese

Licensure

New York State – **Licensed Master of Social Work**

June 2012-present

Clinical Experience

Callen-Lorde Community Health Center, New York, NY

May 2014-present

Clinical Social Worker

- Community-based clinic specializing in LGBTQ-identified individuals
- Provide individual psychotherapy to adults with various psychiatric diagnoses
- Coordinate care with prescribers and other mental health clinicians

Mt. Sinai-St. Luke's Hospital Center, New York, NY

2012-2014

Served dual role providing psychotherapy and clinical assessments:

Clinical Social Worker – Psychiatric Recovery Center (PRC)

- Specialized in PEER program, targeting young adults ages 18-24 experiencing first psychotic break
- Maintained caseload and provide individual psychotherapy for patients with Severe Mental Illnesses, while coordinating care with prescribing clinicians
- Coordinated with interdisciplinary PEER team to provide comprehensive care to participating patients
- Received weekly general clinical supervision as well as biweekly Dialectical Behavioral Therapy (DBT) supervision

Intake Clinician, Outpatient Psychiatry – Comprehensive Assessment Center (CAC)

- Conducted bilingual clinical assessments for patients entering outpatient psychiatric treatment from the ER, CPEP, inpatient care, Mobile Crisis Team, and other points of entry

New York City Department of Education, PS 230X, Bronx, NY

2011-2012

Social Work Intern

- Conducted individual and group counseling, psychosocial assessments, and goal-setting with at-risk elementary students (K-5) and their families
- Conducted elements of Trauma-Focused Cognitive Behavioral Therapy to students with trauma symptoms

New York State Psychiatric Institute, New York, NY

2011

Intern, 4 South: Washington Heights Community Service

- Inpatient unit for adults diagnosed with Severe Mental Illnesses
- Conducted bilingual assessments and discharge planning
- Co-facilitated weekly evidence-based, manualized wellness group

Kingsbridge Heights Community Center, Bronx, NY *2010-2011*
Family Support Worker – Early Head Start Program

- Provided bilingual psychosocial assessments, infant development inventories (Ages and Stages Questionnaire), needs assessments, referrals, home visits and concrete services to low-income families with infants

Training and Development

Cognitive Behavioral Therapy for Psychosis (CBTp) *December 2013*
• Provided by St. Luke's-Roosevelt Hospital for clinicians in PEER program

Cognitive Behavioral Therapy for Hoarding *December 2013*
• Provided by the Center for Anxiety – New York, NY

CASE Suicide Prevention Interviewing Strategy *January 2013*
• Provided by FEGS – New York, NY

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Training Project *2011-2012*
Columbia University School of Social Work
• Extensive grant from the National Institute of Health to train select graduate students in mental health fields to conduct evidence-based, manualized TF-CBT treatment model

Research Experience

Columbia University School of Social Work, New York, NY *2011*
Research assistant for Dr. Traci Schwinn & Dr. Steven Schinke

- Conducted literature searches for research on adolescent substance abuse prevention programs
- Assisted in writing and editing grant proposals

Additional Experience

Arlington Public Schools, Arlington, VA *2008-2010*
Special Education Instructional Assistant

English First Language School, Istanbul, Turkey *2007-2008*
English as a Second Language Teacher

- Taught individual and group English as a Second Language classes to adults at a private language school

Freelance Editor, Istanbul, Turkey *2007-2008*
• Edited master- and doctorate-level academic papers for graduate students in a variety of fields

Arlington Education and Employment Program (REEP), Arlington, VA *2006*
English as a Second Language Teacher

Professional Affiliations

National Association of Social Workers *2010-present*

Computer Skills

Microsoft Office, TIER, NextGen